

February 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Experimenting with Science (2-6 years) 6:30 pm- 7:15 pm	2 Digital Ojibwe Lesson	3 Tea and Talk 1 pm- 2 pm Art Exploration 6:30pm- 7:15 pm	4 Individual & Family Support 11 am- 1 pm	5 Yoga for Kids (18 mo. - 6 years) 11 am- 11:45 am
6	7 Virtual Puppets & Storytime 11:30 am- 12:15 pm	8 Experimenting with Science (2-6 years) 6:30 pm- 7:15 pm	9 Digital Ojibwe Lesson	10 Tea and Talk: Talks and Teeth 1 pm- 2 pm Art Exploration 6:30pm- 7:15 pm	11 Individual & Family Support 11am- 1pm	12 Yoga for Kids (18 mo. - 6 years) 11 am- 11:45 am
13	14 Virtual Puppets & Storytime 11:30 am- 12:15 pm	15 Experimenting with Science (2-6 years) 6:30 pm- 7:15 pm	16 Digital Ojibwe Lesson	17 Tea and Talk 1 pm- 2 pm Art Exploration 6:30pm- 7:15 pm	18 Individual & Family Support 11am- 1pm	19 CLOSED for Family Day Long Weekend
20	21 CLOSED for Family Day	22 Experimenting with Science (2-6 years) 6:30 pm- 7:15 pm	23 Digital Ojibwe Lesson	24 Tea and Talk 1 pm- 2 pm Art Exploration 6:30pm- 7:15 pm	25 Individual & Family Support 11am- 1pm	26 Yoga for Kids (18 mo. - 6 years) 11 am- 11:45 am
27	28 Virtual Puppets & Storytime 11:30 am- 12:15 pm					

DESCRIPTIONS

VIRTUAL PUPPET TIME AND STORIES: MONDAY'S 11:30 AM - 12:15 PM

JOIN US ON ZOOM, TO LISTEN TO SOME FRIENDLY PUPPETS AS THEY SING SONGS AND SHARE THEIR FAVOURITE STORIES WITH YOU AND YOUR FAMILY! STORIES ARE A WONDERFUL WAY TO ENCOURAGE YOUR CHILD'S LITERACY SKILLS IN A FUN AND ENGAGING WAY.

EXPERIMENTING WITH SCIENCE: TUESDAY 6:30 PM- 7:15PM

COME JOIN US EACH WEEK FOR A FUN SCIENCE EXPERIMENT, STORY, AND BUILDING ACTIVITY THAT EXPLORES YOUR CHILD'S CURIOSITY AND THINKING. SCIENCE AND BUILDING ARE GREAT WAYS TO HAVE YOUR CHILD WONDER AND DISCOVER THE WORLD AROUND THEM.

YOGA FOR KIDS: SATURDAY 11:00 AM - 11:45 AM

COME JOIN US FOR SOME KID-FRIENDLY YOGA CLASSES EVERY SATURDAY IN JANUARY . EACH WEEK WE WILL BE PRACTICING DIFFERENT POSES SUCH AS ANIMAL POSES, ABC POSES, GARDEN YOGA, SOUL YOGA, BALANCE AND INNER STRENGTH. YOGA IS A GREAT PHYSICAL ACTIVITY TO KEEP YOUR BODY MOVING. COME YOGA WITH US!!

VIRTUAL TEA & TALK: THURSDAY'S 1:00 PM - 2:00 PM

EACH WEEK WE WILL BE DOING A DIFFERENT MEDITATION, EXPLORING DIFFERENT TEAS, AND DISCUSSING A VARIETY OF TOPICS. TEA & TALK IS A GREAT PLACE FOR CAREGIVERS TO COME AND CONNECT WITH ONE ANOTHER, WHERE THEY HAVE THE OPPORTUNITY TO HAVE SOME QUIET RELAXING TIME TO REENERGIZE.

TALKS AND TEETH: JOIN CHRISTINE A PEDIATRIC DENTIST AS SHE TALK ABOUT THE IMPORTANCE OF YOUR CHILD'S BABY TEETH. FREE DENTAL KITS ARE AVAILABLE FOR CONTACTLESS PICK UP.

VIRTUAL ART EXPLORATION: THURSDAY'S 6:30 PM - 7:15 PM

JOIN US FOR SOME OPEN ENDED ART ACTIVITIES, STORIES, AND SONGS! WE WILL BE EXPLORING COLOUR MIXING, CONTRASTING COLOURS, AS WELL AS CUTTING AND PASTING. EACH WEEK WE WILL FOCUS ON A DIFFERENT EXPERIENCE TO HELP SUPPORT EXPRESSION, CREATIVITY, COLOUR EXPLORATION, SENSORY FUN, AS WELL AS LANGUAGE AND LITERACY!

FAMILY AND INDIVIDUAL SUPPORT: FRIDAYS 10AM- 1 PM

DO YOU HAVE QUESTIONS ABOUT YOUR CHILD, OR ARE JUST LOOKING TO CONNECT WITH SOMEONE? REGISTER FOR THIS PROGRAM AND RECEIVE A CALL FROM ONE OF OUR FACILITATORS. THEY WILL HELP TO ANSWER YOUR QUESTIONS AND PROVIDE YOU WITH ANY SUPPORT. CALL US AT (226) 972-7404 OR EMAIL US TO SCHEDULE AN APPOINTMENT

DIGITAL OJIBWE LESSON: WEDNESDAY

SIGN UP TO RECEIVE YOUR DIGITAL OJIBWE LESSON! EACH WEEK WE WILL SEND OUT A VIRTUAL LESSON THAT YOU AND YOUR LITTLE ONE CAN DO TOGETHER. THIS IS A SELF GUIDED ACTIVITY THAT CAN SUPPORT YOUR FAMILY'S CONNECTION TO THE LANGUAGE OF ANISHNABE PEOPLE.