

# - WINTER PROGRAMS 2023 -

## KINBRIDGE COMMUNITY ASSOCIATION

Christopher Champlain  
Resource Centre  
8-125 Champlain Blvd.

Main Location  
200 Christopher Dr.  
519-624-3855

Southwood  
Resource Centre  
1-241 Southwood Dr.

Register: [info@kinbridge.ca](mailto:info@kinbridge.ca) | 519-624-3855

### Kinbridge - Main Location

200 Christopher Dr.

| Program                    | Ages                  | Cost           | Dates                   | Times             |
|----------------------------|-----------------------|----------------|-------------------------|-------------------|
| Basketball                 | 7 - 12                | \$45           | Jan 17 - Mar 7 (T)      | 6:00PM - 7:00PM   |
| Basketball Drop-In         | 12 -18                | \$2            | Sept 7 - Ongoing (W)    | 6:00PM - 8:00PM   |
| Creation Station           | 4 - 11                | \$45           | Jan 16 - Mar 6 (M)      | 6:00PM - 7:00PM   |
| Indoor Walking Group       | 18 +                  | FREE           | Every 2nd & 4th (Th)    | 12:00PM - 2:00PM  |
| Family Cooking             | Parent + Child (4-12) | \$45           | Jan 14 - Mar 4 (Sa)     | 2:00PM - 3:00PM   |
| Multi-Sport Family Drop-In | Families (All ages)   | \$5 Per Family | Jan 14 - Mar 4 (Sa)     | 9:00AM - 10:30AM  |
| Open Gym                   | 18 +                  | \$2            | Jan 20 - Mar 10 (F)     | 6:00PM - 7:30PM   |
| Pickleball                 | 18 +                  | \$2            | Jan 14 - Mar 4 (Sa)     | 2:00PM - 4:00PM   |
| Social Club                | 50 +                  | \$2            | Jan 20 - Mar 10 (F)     | 10:00AM - 12:00PM |
| Soccer                     | 7 - 12                | \$45           | Jan 14 - Mar 4 (Sa)     | 11:00AM - 12:00PM |
| Strong Start               | Preschool             | FREE           | Jan 16 - June (Tu) (Th) | 9:00AM - 12:00PM  |
| Try a Sport                | 7 - 12                | \$45           | Jan 19 - Mar 9 (Th)     | 6:00PM - 7:00PM   |
| Youth Drop-In              | 12 - 18               | FREE           | Sept 12 - Ongoing (W)   | 6:00PM - 8:00PM   |

### Kinbridge - Christopher Champlain Resource Centre

8-125 Champlain Blvd.

| Program                  | Ages    | Cost | Dates               | Times           |
|--------------------------|---------|------|---------------------|-----------------|
| Drop-in Adventure Club   | 6 - 11  | FREE | Jan 17 - Mar 7 (Tu) | 5:00PM - 6:00PM |
| Drop-in Cooking & Crafts | 6 - 11  | FREE | Jan 19 - Mar 9 (Th) | 5:00PM - 6:00PM |
| Newcomer Homework Club   | 15 - 29 | FREE | Jan 12 - Mar 2 (Th) | 4:30PM - 6:00PM |
| STEAM Drop-In            | 6 - 11  | FREE | Jan 20 - Mar 10 (F) | 5:00PM - 6:00PM |

### Kinbridge - Southwood Resource Centre

1-241 Southwood Dr.

| Program                  | Ages    | Cost | Dates                 | Times           |
|--------------------------|---------|------|-----------------------|-----------------|
| Boys Drop-In             | 12 - 18 | FREE | Nov 4 - Ongoing (F)   | 3:30PM - 5:00PM |
| Drop-In Adventure Club   | 6 - 11  | FREE | Jan 17 - Mar 7 (Tu)   | 4:00PM - 5:00PM |
| Drop-In Cooking + Crafts | 6 - 11  | FREE | Jan 19 - Mar 9 (Th)   | 4:00PM - 5:00PM |
| Girls Drop-In            | 12 - 18 | FREE | Oct 6 - Ongoing (Th)  | 6:00PM - 8:00PM |
| STEAM Drop-In            | 6 - 11  | FREE | Jan 18 - Mar 8 (W)    | 4:00PM - 5:00PM |
| Youth Drop-In            | 12 - 18 | FREE | Sept 12 - Ongoing (M) | 4:00PM - 6:00PM |



Kinbridge Community Association Recreation Programs follow the High Five quality standards for children's programs. HIGH FIVE is Canada's only comprehensive quality standard for children's programs and holds true to the five principles of healthy child development that research indicates are essential for providing a positive experience for kids. For more information visit [HIGHFIVE.org](http://HIGHFIVE.org)



Cost sharing is available:  
Contact 519-624-3855 or [info@kinbridge.ca](mailto:info@kinbridge.ca)

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## Kinbridge Drop In Sports Nights - FREE

**Mondays**  
6:30pm-8:00pm  
Central Public School  
Jan 9 - June 19  
Ages 7-12

**Tuesdays**  
6:30pm-8:00pm  
St. Andrews  
Public School  
Sept 20- Apr 25  
Ages 12-16

**Fridays**  
6:30pm-8:00pm  
Moffat Creek  
Public School  
Sept 23-May 31  
Ages 12-16

**Fridays**  
6:30pm-8:00pm  
Tait Public School  
Sept 23-May 31  
Ages 12-16

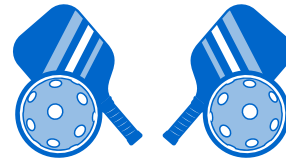
### SPORTS ADULT 18+

Program/Age/Cost    Dates/Location

Pickleball

18 +  
\$2/Person

Saturdays  
Jan 14 - Mar 4  
2:00 - 4:00PM  
Main-site (200  
Christopher  
Drive)



## Volunteer Opportunities

Are you retired and looking to give back?  
Are you a student seeking volunteer hours?  
Are you looking for a way to give back to the  
community?

Volunteer with Kinbridge! If interested...  
Email: [roseb@kinbridge.ca](mailto:roseb@kinbridge.ca)

## OESP Application

Kinbridge is a Certified  
OESP Application Centre.  
Save money on your  
electricity bill. If you are a  
customer of an electricity  
utility and in a lower-  
income home, you may  
qualify for a reduction on  
your electricity bill.



To book an appointment, please email  
[info@kinbridge.ca](mailto:info@kinbridge.ca)



Learn about our  
programming for  
newcomer youth  
and seniors.  
Visit [www.kinbridge.ca](http://www.kinbridge.ca)

### Suggestions welcomed!

Don't see what you're looking for?  
Have an idea for an activity or program?  
Let us know!

Email us at: [info@kinbridge.ca](mailto:info@kinbridge.ca)



After School Programs - Spaces available!  
Email [info@kinbridge.ca](mailto:info@kinbridge.ca) for details



Find us on social  
media here >>>

