

Recruitment Flyer for Individual Interviews

Research Volunteers Needed!



Young Black Women with Mental Health Concerns

Are you a Young Black Woman aged 18-25 years living in Toronto? Do you sometimes feel depressed, anxious, experience mood variance, or feel overwhelmed by daily life demands?

This is an opportunity to share your experiences towards changes that can be made to better serve young Black women. Whether you are using mental health services, have used them in the past, or have never used them before, I would like to speak with you.

I am a doctoral Candidate in the Social Work Program at York University, conducting a study titled *At the Intersection of Race and Mental Health Stigma: Exploring the Help-Seeking Behaviours of Young Black Women with Mental Health Concerns in Toronto*.

Who can participate: Young Black women with mental health concerns, 18-25 years old.

What is involved: Selected participants will be asked to give a 1.5 to 2.0 hour interview, that includes a 10 minutes break.

All interviews will be kept strictly confidential.

All study participants will receive a \$20 Honorarium in appreciation of your time

To learn more about this study or if you are willing to be interviewed, please contact **Donna Richards:**
The School of Social Work, York University at (416) 317-9138 OR by Email: dricfos1@yorku.ca

This research has been reviewed and approved for compliance with research ethics protocols by the Human Participants Review Subcommittee of York University.