

Research opportunity:

Transitional care for youth with physical disabilities in Kitchener-Waterloo



WHAT: Youth individuals with special healthcare needs often lose the quality of care they received as children once they turn 18 years old and must transition to the adult healthcare system.

We will assess the need for a local program that would aim to help youth individuals with physical disability make the transfer from specialized pediatric care to adult care.



DESIGN: We will use a **questionnaire** and a **structured interview** to gain insight into current challenges to effective transitional care, successful approaches, and areas of unmet need experienced from different participant perspectives.

Interview participation will be compensated with a gift card.



WHO: We are recruiting individuals who meet one of 3 categories

1) Individuals & caregivers:

- Individual: 15 years old to 30 years old with chronic physical disability
- OR
- Caregiver: the main caregiver for a youth individual with a chronic physical disability

2) Healthcare providers:

- Pediatric specialists and primary care physicians with experience caring for youth individuals with physical disabilities

3) Non-medical professionals:

- Experience with researching or implementing transitional care programs outside of medical management

If you would like to participate, or for more information about our study, please contact us:

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This research study has been reviewed by the Hamilton Integrated Research Ethics Board under project #8147