

# EXTEND-A-FAMILY WATERLOO REGION

## Youth and Teen Groups

The purpose of the Youth and Teen Groups are twofold. To provide respite for caregivers, and to provide meaningful recreational activities for participants as well as opportunities to learn new skills.

The Youth and Teen Groups will run for 8 weeks this fall. The Youth Group will be held on Fridays from 4:30 pm to 6:30 pm. There will be two Teen Groups held on Saturdays, one from 10:00 am to 12:00 pm and one from 1 pm to 3 pm. The groups will commence during the week of October 1, 2021 and will wrap up during the week of November 20, 2021.

To ensure everyone's safety:

- There will be no more than thirteen people (including staff) in the building.
- Each participant will be asked assessment questions (including temperature checks) prior to entry.
- Hand sanitizers and masks will be provided to the participants for each session.
- Staff will practice precautions by disinfecting every area after use.



### Are there any requirements?

- Youth Groups will include children from the ages of 8-12 years
- Teen Groups will include children from the ages of 13-17 years
- Participant does not need assistance in the area of personal care (with the exception of reminders) and one-to-one support



### When and where do groups meet

- Groups meet at 14 Braun Avenue, Kitchener, ON
- Youth Groups will meet on Fridays and Teen Groups will meet on Saturdays.



### How many participants?

- 10 participants will be supported by 3 staff.



### What is the cost of joining a group?

- \$80 for the eight-week session.



### How can you register the cost of the group?

Families can register through MyCommunityHub and pay online through credit card or using the code SSAHrespite Extend-A-Family Waterloo Region administers your SSAH funding and you wish to pay using that source.