

December 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
		1 4:30 Art and Mixed Media: Jewelry Making 6:30 The 'Business' of Pet Care	2 4:30pm Mental Health: Self Care	3 1:00 Art and Mixed Media: Sculpting 6:30 Responsible Pet Ownership	4 1:00 Employment: Career Discovery 4:30 Travel & Tourism: Safe Travels 7:30 Healthy Online Habits	5 1:00 Qualities of a Healthy Relationship
6	7 1:00 Life Skills: Independent Living 4:30 Storylines- Creating Comics	8 4:30 Indigenous Art & Culture 7:30 Creative Writing: Short Stories	9 1:00 Mental Health: Self-Care 4:30 Leadership: Skill Development	10 6:30 Creative Writing: Short Stories	11 1:00 Music: Rhythm and Basics with Mike	12 10:30 Sports & Movement 1:00 Sports & Movement 4:30pm Healthy Food Choices
13	14 1:00 Employment: Interviewing Skills 4:30 Art and Mixed Media: Color Wheel	15 1:00 Communication: Active Listening 4:30 Making Choices	16 6:30 Art and Mixed Media: Learn to Draw (people)	17 1:00 Social Media and Healthy Habits 6:30 Coding Workshop	18 4:30 Singing and Chorus Workshop 7:30 Making Good Choices	19 10:30 Healthy Food Choices 4:30 Creative Writing: Comics
20	21 1:00 Leaders and Entrepreneurship 4:30 Coding Workshop	22 10:30 Music: Rhythm and basics with Mike 1:00 Leadership: Problem solving	23 10:30 Leaders and Entrepreneurship 10:30 Creative Writing: Short Stories 4:30 Art and Mixed Media: Learn to Draw (holiday cards)	24 NO PROGRAMMING	25 NO PROGRAMMING	26 10:30 Employment- Professional Boundaries and Barriers
27	28 4:30 Travel & Tourism: Safe Travels	29 10:30 Sexual Health and Relationships 1:00 Singing/Chorus	30 10:30 Social Media and Healthy Habits 4:30 Making Choices	31 1:00 Singing Chorus		



RECREATIONAL RESPITE

Build-It workshop

Purple: 18+

Grey: 16-17

Green: 12-17

Times are in EST



